



Māra Sleja

Māra (she/her) is an Intimacy Professionals Association (IPA) certified intimacy coordinator based in Latvia, Riga.

Māra is an experienced and dynamic entertainment industry professional with over 17 years of diverse experience working in the photo, film, television, and advertising industries as a model, TV presenter, actress, event and radio host, and now as an Intimacy Coordinator.

Māra demonstrates the ability to adapt to any situation and deliver high-quality support for actors, directors, and the crew in an intimate setting. Māra is skilled in building strong relationships with clients, colleagues, and audiences and is driven by a passion for storytelling and the art of entertainment.

Mara is a Certified Intimacy Coordinator by the Intimacy Professionals Association (IPA), a SAG-AFTRA accredited in collaboration with the Nordic Intimacy Coordinator Training Program (NIC), and a member of Baltic Intimacy Professionals.

Additionally, Māra trained in Theatrical Intimacy Education's Intimacy Choreography via a Digital Workshop , completed the NonViolent Communication practical workshop Module1 and participated in Riga/ON|International Contemporary Dance Workshops.